



We care about the health and safety of our friends and neighbors

PROTECT YOURSELF & OTHERS

- 1. Wash hands frequently with soap and water for at least 20 seconds, and always before eating; after using the bathroom; and after blowing your nose, coughing or sneezing.**
- 2. Avoid touching your eyes, nose and mouth with unwashed hands.**
- 3. Cover your cough or sneeze with a tissue, then dispose of the tissue in the trash.**
- 4. Stay at home when sick until your symptoms are gone.**

 **Banner**

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